



**ARROWHEAD**

YOUTH & FAMILY SERVICES

ACADEMY • RESIDENTIAL • COMMUNITY

Fall/Winter 2017



## A Letter From the CEO – Dr. Chester Lien

Arrowhead Youth and Family Services has a long and successful history. The Rock Island Youth Farm and Home was started by Rock Island County



Board in 1946 to provide services for youth at risk of being sent out of the community. Arrowhead Ranch came into existence in 1956 when the decision was made to become a private, not-for-profit facility providing services to the same youth population. One constant over the years has been strong community

support for the mission of Arrowhead: motivate youth-at-risk to become productive and responsible young people by providing the highest quality counseling, education, and social services to youth and their families.

Over the years residential treatment centers have faced many challenges, increased costs for residential care makes the top of the list. Funding cuts by in the state of Illinois has created an even bigger challenge. Arrowhead was necessary in 1946 and

that need to provide for children and families in the community still exists.

The last year saw the leadership team at Arrowhead study, research, and develop a plan for the future of Arrowhead. On June 27, 2017 the Board of Directors of Arrowhead Youth and Family Services gave the final approval of the plan as presented by the leadership team. Beginning in November of 2017 a major remodel project will begin of the grounds and buildings with a projected completion date of September 1, 2018. Fall of 2018 will see the rollout of a national advertising campaign to recruit youth that require the same services as the traditional Arrowhead youth. We will continue to provide services to the youth that are referred to us by local agencies.

This is going to be an exciting time of change and growth for Arrowhead. I ask you, our valued supporters, to connect or reconnect with Arrowhead. We need your help! There are many ways to support our mission. Volunteer, donate a car, sponsor an event or leave a legacy. Together we can motivate youth at risk to become responsible young men and women.



## Arrowhead Recognizes the Many Faces of Youth At Risk

Different races, backgrounds and individual stories weave the fabric of the agency and make it strong. Arrowhead youth are just young kids that are struggling at home, in school or in our community. The poor choices made during these difficult times in their lives are just the beginning of their journey to a better path and life. Arrowhead embraces the diversity of the youth and their challenges. We welcome them to become part of our family.



## Share the Spirit of the Holidays With the Boys and Girls at Arrowhead

Give a gift by check, credit card, or online at [arrowheadyouth.org](http://arrowheadyouth.org).

Date: \_\_\_\_\_

A gift of:  \$50    \$75    \$100  
 \$ \_\_\_\_\_

A check is enclosed.

Please charge by credit/debit card:

Name On Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Address Of Card Holder: \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_

3-Digit Code On Back: \_\_\_\_\_

Zip Code Tied To Card: \_\_\_\_\_

Signature: \_\_\_\_\_

I'm interested in discussing estate, property, or stock options to benefit Arrowhead.

*Please cut out this form, complete it, and mail it to:*

**Holiday Appeal**  
**Arrowhead Youth & Family Services**  
**12200 104th Street, P.O. Box 370**  
**Coal Valley, IL 61240**

# Round-Up Recap

October 21, 2017 was a fabulous day for Arrowhead's revival of Round-Up. Over 72 cars were auctioned off, as well as several donated silent auction items. We had 4 local food trucks, a bouncy house, vendors, pony rides, petting zoo and more! Our thanks to all of the people that showed up to purchase a vehicle, silent auction item or just enjoy a morning on our Coal Valley campus! We look forward to many more years of hosting the community at this free event.



## October: National Bullying Month

October was national bullying month. Bullying has become a national epidemic confounded by social media.

Arrowhead assists in addressing the effects of bullying. Many of the youth who are placed at Arrowhead have been victims and/or perpetrators of bullying resulting in dysfunctional behaviors and mental health symptoms that we address. Arrowhead limits the access that any youth has to social media and other technologies that are often mediums for unfiltered communication. We utilize cognitive therapy and behavior modification to shape pro-social behavior through a stage system that is reinforced through constant verbal feedback from the staff and the youth's peers.

The environment is highly structured and supervised by trained staff members who model and teach the youth about pro-social skills. Cognitive therapy helps the youth examine their emotions, distorted thoughts and actions. Through examination and reframing of their feelings, thoughts, and actions the youth become responsible and develop a positive identity. We also foster the development of empathy and genuine care for others. Conflict resolution and anger management skills are essential tools that are also taught. Arrowhead does this by helping the youth understand their needs: to be loved, to be worthwhile, to be responsible, to have fun, and to survive. In this way, therapy is defined as "the ability to fulfill one's needs and to do so in a way that does not deprive others of this ability to fulfill their needs."

Arrowhead strives to involve families in the learning process by focusing on the strengths, wisdom, and support of the family system. It is when they return to the community that our youth actively utilized the skills that we have taught them. They are

equipped to eliminate their own bullying behavior; maintain self esteem if they are being bullied, and form peer groups that are supportive and inclusive rather than anti-social and damaging.

For more information on how you can help with our anti-bullying program, please reach out to Reina Reyes at 309.799.7044 x272

## Eliminate the Hassle of Selling Your Used Car

Donate your old car to Arrowhead, our youth will tune it up and sell it at our public auction, and you get to claim the selling price as a tax deduction. For more info call 309.799.7044 x225 or visit our site.

## Join Us For Trivia

Arrowhead will host a Trivia Night on January 12, 2018. More information to be confirmed later, but mark your calendars now!

### Support us when you shop this holiday season

Buy your gifts and holiday essentials at [smile.amazon.com](https://smile.amazon.com). You shop. Amazon donates.

**amazon**smile



## Support Arrowhead by Shopping on Amazon

The holidays are fast approaching and we're pleased to offer you another way to support Arrowhead, just by shopping! Shop for everyone on your gift list this holiday at [smile.amazon.com/ch/36-2192833](https://smile.amazon.com/ch/36-2192833) and Amazon will donate to Arrowhead! It's that simple!



## Arrowhead 2020

About one year ago, Arrowhead's Board of Directors asked the leadership team at Arrowhead what the future of the agency looked like. Honestly, long term it looked pretty grim. There were things we knew for certain; there is a strong need for the services we offer, we are very good at what we do and have been doing it since 1945, and we are passionate and dedicated to our mission. In order to continue doing so, we have to expand our services outside of the state of Illinois. This doesn't mean we won't continue to help our community, it means we also will help struggling teens from around the country. On June 27, 2017 Arrowhead's Board of Directors approved the plan.

Beginning in November, 2017, Arrowhead will begin a major renovation on its campus in Coal Valley, Illinois. Years of deferred maintenance have taken its toll on our facility and there are many updates needed mechanically, technologically and cosmetically. The Board of Directors has approved the funding of this project to cover most of the costs necessary to become current. The project will be completed in early fall of 2018. During

this renovation and after, we will continue to offer our services to the youth from Rock Island county and surrounding areas. A national marketing campaign will be launched mid summer 2018, reaching out to families with youth that are struggling at home, in school or in the community. Our proximity to the QC Airport and the QCA offers convenience to family visits as well as a positive impact on local economy.



*Mary Davidson,  
Development Director*

The programming at Arrowhead has a strong focus on giving back. We ask the youth to give back by volunteering at community events like the John Deere classic, Festival of Trees and too many running races to list. The agency wanted to do the same. Arrowhead 2020 is our solution. Residential treatment is expensive. For some families it is the best chance they have for a life changing (or even life saving) intervention. By 2020, Arrowhead has set the goal to maintain a capacity of 46 residents. With that goal met, Arrowhead will be able to offer several local youth full scholarships to our



## Arrowhead Receives Grants

Arrowhead would like to thank the Moline Foundation for their generous grant of \$5000.00. The monies received will go toward the purchase of 10 chromebooks for our youth to use at Arrowhead Academy. We have also been awarded a grant of \$200,000.00 from the Roy J. Carver Charitable Trust. These monies awarded will go toward a new roof on the education center and main building. Arrowhead is sincerely grateful for this large gift as they move forward with the renovations and upgrades toward the Arrowhead 2020 vision.

program annually. Eventually, we would love to see that number grow to 10 scholarships each year.

Arrowhead is asking you to get involved, learn more about the work we do and see how you can help us complete this project and meet this goal. Volunteering, discounting services, sponsoring an event, donating a car, giving to our holiday appeal or leaving a legacy are some easy examples. Share your passions, ideas and hobbies with us! The possibilities are endless. We can't do this without your support and help from the community in which we live and love.

## Thank You To Our 2017 Golf Outing Sponsors

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## Birdies For Charity Benefits Arrowhead Youth

Thank you to everyone who has supported Arrowhead through Birdies for Charity! We raised \$13,182.00 and John Deere matched \$1,318.00. We are proud of our long-standing collaboration with the John Deere Classic. Each summer, Arrowhead Boys and staff spend many hours volunteering on the golf course before, during and after the tournament. Their efforts benefit the community, and reflect the belief that we help ourselves when we help others. Funds received will go toward assisting youth in many ways as it pertains to cognitive health and well-being. Each day that our youth are in treatment at Arrowhead they are experiencing positive therapeutic interventions that will provide them with the tools necessary to re-establish themselves within the community.



12200 104th Street  
PO Box 370  
Coal Valley, IL 61240

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*At Arrowhead, our mission is to motivate youth at-risk to become productive and responsible young men and women by providing the highest quality counseling, education and social services to youth and their families.*



[www.arrowheadyouth.org](http://www.arrowheadyouth.org)

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